



Harris County Academy of Family Physicians

Join us at our next Regular Scientific Meeting

Wednesday, October 14, 2020

6:30 p.m. - 8 p.m. @ a location of your choice!

“How’s Your Pandemic Going?”

Strategies to Mitigate Stress, Overwhelm, Burnout and Depression

presented by

Sylvia Gonzalez Cruz, MD

Adult Division Medical Director

Director of Clinical Integration

Interim Program Director, Program for Professionals

Interim Program Director, HOPE Unit

The Menninger Clinic

Assistant Professor of Psychiatry, Baylor College of Medicine

The next meeting of the **Harris County Academy of Family Physicians (HCAFP)** will be on Wednesday, **October 14, at 6:30 p.m.**, at the location of your choice via Zoom. To get the Zoom meeting details, please RSVP using this [link](#).

Wednesday, October 14, 2020

Time: 6:30 PM – Virtual Networking
7:00 PM — Announcements and Presentation

Location: Completely up to you

CME: AAFP Credit pending

Cost: None

This program is fully supported by The Menninger Clinic and the Harris County Academy of Family Physicians.